



## **EPA NEURODEVELOPMENTAL DISORDERS ACROSS THE LIFESPAN (NDAL) SECTION REPORT 2019**

### **SECTION COMMITTEE MEMBERS:**

Chairperson: Prof. Dr. Josep Antoni RAMOS-QUIROGA  
Co-chairperson: Prof. Philip ASHERSON  
Secretary: Ass. Prof. Esther SOBANSKI  
Councillor:

### **LAST SECTION COMMITTEE ELECTIONS HELD:**

Date: March 28-31th of 2015  
Venue: Vienna, Austria during the 23rd annual meeting

### **ACTIVITIES OF THE SECTION IN 2019:**

#### **Meetings/events**

##### **Adult ADHD**

##### **Description:**

NDAL Section has organized an EPA Academia Educational Course about ADHD in adults. The topics and the speakers of the course were:

Chair: Esther Sobanski

Speakers:

##### **Background data, epidemiology, etiology, pathophysiology**

Philip Asherson, London, United Kingdom

##### **Clinical picture**

Sandra Kooij, The Hague, Netherlands

##### **Pharmacotherapy**

J. Antoni Ramos-Quiroga, Barcelona, Spain



### **Psychotherapy**

Esther Sobanski, Mannheim, Germany

The attendees were provided with the slides of the course and some important papers about ADHD in adulthood.

**Venue:** Warsaw, Poland

**Date:** Saturday, 6th April 2019

**Attendance:** More than 50 people. Full.

### **Diagnosis and Management of Treatment-Resistant Psychiatric Disorders Description:**

We presented new data in this symposium proposed by the EPA Section on Psychopharmacology. Prof. Ramos-Quiroga presented "Adult ADHD and Substance Use as Comorbid Conditions in Treatment-Resistant Psychiatric Disorders".

**Venue:** Warsaw, Poland

**Date:** Monday, 8th April 2019

**Attendance:** Full the room

### **Female Gender, Reproductive Events and the Expression of Selected Mental Disorders**

#### **Description:**

This symposium was proposed by the EPA Section on Women, Gender and Mental Health together with NDAL Section.

Chairs: A. Wieck (UK) and J. A. Ramos-Quiroga (Spain)

What do We know about how childbearing Impacts Mood Disorders? I. Jones (UK)

Menopause and Mental Health. A. Riecher-Rössler (Switzerland)

Mood Changes Related to reproductive events in women with ADHD. S. Kooij (The Netherlands)

The Role of emotional dysregulation in women with ADHD and borderline personality disorder: a comparative analysis. P. Asherson (UK)

Discussion



**Venue:** Warsaw, Poland, 27th EPA congress

**Date:** Tuesday, 9th April 2019

**Attendance:** 30 people

**Updated European Consensus Statement on diagnosis and treatment of adult ADHD.**

**Journal:**

Eur Psychiatry. 2018 Nov 16;56:14-34.

**Authors:**

Kooij JJS, Bijlenga D, Salerno L, Jaeschke R, Bitter I, Balázs J, Thome J, Dom G, Kasper S, Nunes Filipe C, Stes S, Mohr P, Leppämäki S, Casas Brugué M, Bobes J, Mccarthy JM, Richarte V, Kjems Philipsen A, Pehlivanidis A, Niemela A, Styr B, Semerci B, Bolea-Alamanac B, Edvinsson D, Baeyens D, Wynchank D, Sobanski E, Philipsen A, McNicholas F, Caci H, Mihailescu I, Manor I, Dobrescu I, Saito T, Krause J, Fayyad J, Ramos-Quiroga JA, Foeken K, Rad F, Adamou M, Ohlmeier M, Fitzgerald M, Gill M, Lensing M, Motavalli Mukaddes N, Brudkiewicz P, Gustafsson P, Tani P, Oswald P, Carpentier PJ, De Rossi P, Delorme R, Markovska Simoska S, Pallanti S, Young S, Bejerot S, Lehtonen T, Kustow J, Müller-Sedgwick U, Hirvikoski T, Pironti V, Ginsberg Y, Félegyházy Z, Garcia-Portilla MP, Asherson P.

**Acknowledged as official Section publication?** Yes

**CALENDAR OF ACTIVITIES FOR FUTURE YEARS:**

**FUNDING IN 2019**

Income: NA

Source(s) of funding: NA

Expenditure: NA

Balance: NA

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: No